



## ENG MEDICATIONS:

The following medications should not be taken 48 hours prior to an ENG/VENG recording.

[Sedatives > Sleeping Pills > Tranquilizers > Cold or Allergy Pills > Barbiturates > Pain Killers with Codeine > Antihistamines > Dizziness Medications > Aspirin > Alcoholic Beverages > Narcotics of any kind > Muscle Relaxants]

### 1. Vestibular suppressants:

- Alprazolam (Xanax)
- Antivert (meclizine)
- Ativan (lorazepam)
- Bonine (meclizine)
- Klonopin (clonazepam)
- Diazepam (Valium)
- Dramamine
- Clonazepam (Klonopin)
- Lorazepam (Ativan)
- Meclizine (Antivert)
- Valium (diazepam)
- Xanax (alprazolam)
- Alcohol
- Tobacco (day of test)
- Caffeine and other stimulants (day of test)

### 2. Medications that should be noted on the report:

- Antidepressants (such as Zoloft or Prozac)
- Antihypertensives
- Antipsychotics
- Ondansetron (a common nausea medication)
- Other prescription medications